

**St. Brendan Parish Athletic Committee
C.Y.O. Cross Country 2009-2010
Grade K-8 Boys & Girls**

Child's Name _____ Grade(in fall) _____ Male _____ Female _____ Birth Date _____
 Child's Name _____ Grade(in fall) _____ Male _____ Female _____ Birth Date _____
 Child's Name _____ Grade(in fall) _____ Male _____ Female _____ Birth Date _____

Home Address _____ City _____ Zip _____

Registered Parishioner Yes _____ No _____ Parish _____

Parent's Names _____ Home Phone _____

Mom's Work/Cell Phone _____ Dad's Work/Cell Phone _____

E-mail _____

Emergency Contact _____ Phone _____

(other than parents)

Medical Conditions _____

Child's Physician _____ Phone _____

Child's Dentist _____ Phone _____

Hospital Preference _____

Parent Consent

I, the guardian of the above student, give my child permission to participate in St. Brendan CYO athletic programs. I fully assume the risk for these activities and understand that I take full responsibility for my child's welfare and will not hold St. Brendan School/parish, Athletic Committee, The Archdiocese of Seattle, the coaching staff, or any schools/parishes at which my child may practice or play, responsible for an accident or injury sustained by my child or any attendee of the child's immediate family. I have consulted with my family physician and confirmed that the general health of my child allows him/her to participate in the above named athletic program without an adverse impact on my child's well being. Any illness or condition of my child that coaches should be aware of has been described above on this form.

Consent to Medical Care and Treatment

I, the parent/guardian, authorize any and all appropriate medical assistance for my child in case of an injury or life-threatening situation.

NO REGISTRATIONS WILL BE ACCEPTED WITHOUT PAYMENT. Contact coordinator if scholarship is needed.

Parent Signature _____ **Date** _____

(This registration is not complete until Code of Conduct is also signed and given to coach.)

_____ I am interested in coaching / assisting _____
 (circle one) (name)

Please return this completed registration form by May 30th to:
 St. Brendan School
 Attn: Mike McCloskey / CYO Coordinator
 10049 NE 195th, Bothell, WA 98011
 Phone (425) 485-2813 or email: sanjuanbooks@yahoo.com
Make check payable to: St. Brendan CYO Athletics
\$25 Fee (\$55 for 3 or more)
 Fee includes a team t-shirt
Registrations fees will be non refundable after the first meet.

Grades K-8. Meets are held at Woodland Park in Seattle, Sundays at 1pm. Coaches will provide your child's specific practice schedule. Meets occur from mid-Sept. to mid-October.

St. Brendan Parish CYO Code of Conduct For Players, Coaches and Parents

Mission Statement:

As an extension of St. Brendan Parish, a Roman Catholic community, St. Brendan CYO exists to supplement the Christian values being taught to the children of St. Brendan parish through participation in sports. Through the giving of our time and talent, we strive to make quality instruction and resources available to every child in the parish. We will strive to provide participants a safe environment so they can learn sportsmanship, build self-confidence and develop respect for themselves, their teammates, opponents, coaches, parents and officials.

I understand that, in order to participate in St. Brendan CYO athletics, I must act in accord with the following guidelines and principles:

Players:

1. I will have fun and accept winning or losing graciously.
2. I will support and encourage my teammates.
3. I will not cast blame on my teammates: we will win or lose together as a team.
4. I will stand up for all my teammates and never allow them to be picked on or bullied.
5. I will treat my opponents with respect, graciously shake their hands after competition and congratulate them on their performance
6. I will respect the judgment of the officials.
7. I will remember at all times that I am a member of a team. I will not place my own self-interest above the interest of the team.
8. I will understand and abide by the rules of the game.

Parents:

1. I will do my best to make CYO sports fun for my child.
2. I will ask my child to treat all teammates with respect. I will *insist* that my child always give positive support to his/her teammates at practice and during games.
3. I will remember that the game is for the children, not the adults.
4. I will respect the judgement of the officials.
5. I will not shout instructions or criticism to the players, coaches or officials. **I will not coach from the stands.**
6. I will make the coach aware of any situation that I feel is dangerous to a child, either physically or emotionally.

Coaches:

1. I will lead my team in prayer before all games.
2. I will endeavor to make practices and games fun for all my players.
3. I will make myself approachable to both players and parents.
4. I will conduct myself in a Christian and professional manner at practice and games.
5. I will give equal playing time to my players and provide them with an equal opportunity to succeed.
6. I will promote good sportsmanship and team unity above winning.
7. I will ensure all players give positive encouragement to each other. I will not allow players to be singled out for blame, or be picked on or bullied for any reason.

Student-Athlete signature / date

Parent signature / date

Coach signature / date

“Sport, because of the wholesome elements it gives value to and exalts, may become more and more a vital instrument for the moral and spiritual elevation of the human person and therefore contribute to the construction of an orderly, peaceful and hardworking society.” -- Pope John Paul II

St. Brendan CYO Supplemental Guide

In an effort to minimize confusion and hopefully make the CYO Athletic experience rewarding for all involved, we would like everyone to be aware of the following supplemental guidelines. If you have any questions or concerns with these or other issues, please feel free to bring them to the attention of the sport coordinator or a committee member. The St. Brendan CYO Athletic Committee meets the first Tuesday of each month and the meetings are open to anyone to attend as an observer. There is a portion of the agenda open to communication from visitors. If you have an issue you would like to bring before the meeting, please contact a committee member so that time can be allotted at the next meeting.

St. Brendan CYO athletics programs are organized and implemented for the primary benefit of members of St. Brendan Parish and the Parish school. Beyond the St. Brendan Parish/School, the program is open to neighboring parishes that do not have an athletic program. If, however, the number of players registered for a given team is too many for the number of teams registered, and not enough to facilitate an additional team, or, due to lack of coaching availability, an additional team can-not be facilitated; it is possible that out-of parish applications may not be accepted. Or, those applications will be accepted on a first come, first served basis until the player limit is reached. If this situation should arise, the St. Brendan athletic coordinator will make every effort to locate a neighboring parish that can accommodate all of the interested players. It should be stressed that CYO Athletics in general, and specifically the St. Brendan CYO program, is open to all eligible players, and we welcome all players that our limited resources can accommodate.

In addition, any correspondence or communication to neighboring parishes with regard to St. Brendan CYO athletics must come from the CYO Athletic Committee, and individual coaches are not allowed to recruit players from neighboring parishes without prior consent of the coordinator or Athletic Committee.

In some CYO sports at and above the sixth grade level, the degree of competition increases, and divisions are divided into varsity and junior varsity. At this point it is required to have try-outs to determine the varsity/JV split. It is our current policy that these try-outs be closed to parents and other spectators. This eases tensions for both the players trying out as well as the judges and creates a more relaxed atmosphere where the participants can devote all of their attention to the try-out process. The CYO Athletic Committee with the help of the sport coordinator will assemble a panel of impartial judges for the selection process. This panel will consist of the coach(es) for the team and a minimum of 3 additional judges qualified in the particular sport and who do not have a connection to the team being selected. In addition, a member of the CYO committee, or an appointee of the committee, will be present at the try-outs. This board member may or may not be one of the judges, but will monitor the process in any case. If possible, there will be at least two practices before division decisions are made.

Each player who faithfully participates in all practices on a given week must be given an opportunity to play. Playing time for all JV teams and all teams 5th grade and lower is equal for all participants, each game. The less stringent CYO playing time rules apply to any team that is eligible for playoffs, which is any sole team in grade 6,7, or 8; or a Varsity team for grades 6,7, or 8.

The CYO Athletic Committee feels that any qualified coach should be able to coach a team two consecutive years. After two years if a new qualified candidate is interested, he or she is encouraged to ask for the position and the Sport Coordinator/Athletic Committee will make a decision on replacing the prior coach based on what appears best for the players.